



## DEPARTMENT OF CATECHESIS Diocese of Kalyan

Bishop's House, Plot No. B/38, P. B No. 8434 HT P.O, Powai, Mumbai, Maharashtra – 400706. Tel.: 022 2578 5515  
www.kalyancatechism.in kalyancatechism@gmail.com

# Insight 2024-25

### Date

Insight across the Diocese shall be conducted at the Forane Level in the month of **January/February 2025 for 9<sup>th</sup> and 11<sup>th</sup> Std Students.**

### How to Prepare for Insight

1. Topics:
  - a. Gadget/Social Media Addiction and how to overcome it.
  - b. Anxiety Disorders and Panic Attack and ways of coping with it.
2. Students in groups of not more than 7 to prepare their performances as follows:
  - Video making - maximum time – 6 minutes.
  - Skit – minimum time 6 min & maximum 10 min. Skit can have pre-recorded audio; however, the voices (Dialogues, Song etc.) should be of the person who is enacting the part in the skit.
  - Elocution – 3 min [Elocution is only applicable for parishes having 1 or 2 students]
  - 9th and 11th Std Students can be combined to form a group for the performance.
3. Inform the Forane team of Teams performances to ensure right technical support required on the day of Insight.
4. Each Parish to submit a List (Excel Format) consisting of Parish name, name of the Student, Std, Program (Videomaking/Skit/Elocution), Title and Approximate duration to the Forane Secretary on or before the date informed by them to make the necessary arrangements.
5. Forane Secretaries to submit the Forane Compiled list to the Core Team on or before 31<sup>st</sup> December 2024 in the Kalyan Catechism Whats app Group.

### Guidelines for Insight

1. Technical arrangements to be done by Forane coordinating team.
2. If there are more teams from each parish, they should be encouraged to put up different types of programs – instead of all teams doing a Videomaking/Skit etc.
3. Total duration of Insight will be for about 3 hours. Starting at 2 pm and wrapping up around 5 pm.
4. Arrange a 2/3 Judge Panel – with evaluation sheets. The details of Judges (Name, Qualification, and Parish) to be provided to the Core Team before the finalised date of Insight.
5. Evaluation Criteria - 20 marks will be allocated for Insight.

### Video Making

- a. Content – 10 marks
- b. Freshness of Ideas and Creativity– 5 marks
- c. Teamwork- 5 marks



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### **Skit**

- a. Content – 10 marks
- b. Freshness of Ideas and Creativity– 5 marks
- c. Teamwork - 5 marks

### **Elocution**

- a. Content- 10 marks
- b. Effectiveness – 5 marks ( speech relate to the purpose, Audience interest held by the speaker)
- c. Delivery -2.5 marks (appearance, voice)
- d. Correctness- 2.5 marks (Proper use of grammar and pronunciation)
6. Some refreshments to be provided for students – to be decided at Forane level.

### **Agenda for Insight 2024-25:**

*(Forane teams can plan Agenda according to their suitability)*

- 2.00 p.m. : Registration & getting Team Token numbers.
- 2.15 p.m. : Start / Inauguration / Prayer.
- 2.30 p.m. to 3.45 pm : Team Performances.
- 3.45 p.m. to 4.30 p.m. : Session on **“Healthy Teenage Lifestyle Vis-à-Vis Social Media, Gadgets and Mental Stress”** by a Resource Person.
- 4.30 pm : Team Evaluations / Filling up Feedback Forms.
- 4.45 pm : Refreshments & Conclusion.

In case of any Queries, please feel free to discuss with the Core Team.

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