

Chapter 7 Lesson Plan

HOLY EUCHARIST – THE BREAD OF LIFE

OBJECTIVE : To impart the following faith to children :

- a. we receive the real body and blood of Jesus in the Holy Eucharist.
- b. Jesus instituted the Holy Eucharist to nourish and strengthen us in our spiritual life.
- c. We become one with Jesus through the love of the Holy Eucharist.

INTRODUCTION: Start the lesson by explaining the incident of Multiplication of Bread by Jesus in the form of a story .

PRESENTATION OF TOPIC :

1. Jesus instituted the Holy Eucharist to nourish and strengthen us in our spiritual life.
2. Since Eucharistic celebration is a feast , it will attain completion only if all those who are participating in it receive with due preparation the body and blood of Jesus given to us.
3. We become one with Jesus and also with the church through the feast of love , the Holy Eucharist. Therefore the Holy Eucharist is called the Sacrament of Unity.
4. Make use of the photo/ picture of someone receiving communion , charts , Holy Bible, pictures and videos of the Holy Qurbana.

APPLICATION:

1. children to praise Jesus who gave us his body and blood.
2. Children to understand that sharing at the altar should lead to sharing in life.
3. Children should be encouraged to participate in the Mass and thirst for Holy Communion.(If possible sing the song or listen to the song:Orma vecha naal mudhal eshue ninne kannunu)

BIBLE VERSES :

Children to learn

Matthew 26:26-30

ACTIVITY :

1. *Children* to write the 5th luminous Mystery in the notebook and learn it.
2. Familiarise children with the Holy items used for the Holy Eucharist.