

## **Torch Bearers**

### **Book No. 7: Lesson 14**

#### **Formation Of Conscience**

**Objective:** Introduce the concept of conscience and its importance.

**Starter:**

“Good or Bad?” Game: Prepare a list of scenarios (e.g., finding a lost toy, helping a friend in need, cheating on a test). Read each scenario aloud and ask students to decide if it is a good or bad action. Discuss their choices and why they think so.

Discussion: What is Conscience? Ask the students what they think the word "conscience" means. Write down their answers on the board. Explain that conscience is like an inner guide that helps us choose right from wrong.

Introduce the concept of conscience in simple terms: "Conscience is like a voice inside us that helps us know what is right and wrong."

**Presentation of the topic:**

Teaching Points:

- What Conscience Does: Explain that conscience tells us what is good and what is bad, and it is like a voice from God guiding us.
- Formation of Conscience: Discuss how our conscience can be trained and shaped by understanding God's teachings and listening to the Holy Spirit.
- Connection to Faith: Emphasise that for Christians, our conscience is also guided by the teachings of Jesus and the Church.

**Habit Formation:**

Pray to the Holy Spirit every day to give us the discernment of ‘Good and Bad’.

**Bible Verse:** 1 Tim 3:9

**Activity:** Students can choose any one activity from the following.

- Activity: “Conscience Chart” :

Materials Needed: Large paper, markers, stickers.

Instructions: Have students create a "Conscience Chart" where they draw or write down ways they can listen to their conscience and make good choices. Include aspects like praying, reading the Bible, and asking for guidance. They can use stickers and markers to make their charts colourful and engaging.

- Reflection: Ask students to share one thing they learned about conscience and how they can use it in their lives. Encourage them to think of a way to apply their conscience in a situation they might face this week.