

Lesson Plan

Chapter 1

Path Finders

Grade 9 & 10

Worship of God

Objective

- Understand the meaning of worship and its significance in a Christian's life.
- Identify different forms of worship (personal, communal, liturgical).
- Reflect on how worship strengthens their relationship with God.
- Differentiate between true worship and outward rituals.

Introduction

- **Ask a thought-provoking question:**

“What is something you can’t go a day without thinking about or doing?”

- **Tell them:**

“Believe it or not, what we give importance –our time, attention, and love to — that's often what we ‘worship.’ Worship isn’t just about going to church or singing songs. It’s about what has the most value in our lives.”

- **Show or write on the board:**

Social media , Celebrities , Sports , Video games , Studies ,God

“Which of these gets the most of your time or heart?”

Presentation of the Topic

What is Worship?

John 4:24 – "God is spirit, and His worshipers must worship in spirit and in truth."

Romans 12:1 – "Offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship."

Worship in Different Religions

Explain briefly:

- Hinduism: Worship (puja) includes offerings, chanting, and rituals at temples or home altars.
- Islam: Worship includes the 5 daily prayers (Salah), fasting, and submission to Allah.
- Buddhism: Meditation and chanting are ways of honoring enlightened teachings.
- Judaism: Worship includes reading the Torah, Sabbath observance, synagogue prayers.
- Christianity: Worship centers on Jesus Christ through prayer, sacraments, Scripture, and community.

Ask: "What do you think makes Christian worship unique?"

Jesus and worship in the Bible.

Worship in the Old Testament focused on obedience, sacrifices, and laws.

- Israelites worshipped God through burnt offerings, music, and temple rituals.
- Worship was closely tied to the Temple and priesthood.
- Psalm 95:6 – "Come, let us bow down in worship, let us kneel before the Lord ."

Worship in the New Testament With Jesus, worship became more personal.

John 4:23–24 – Jesus teaches the Samaritan woman that true worship is "in spirit and truth."

Romans 12:1 – St. Paul says to offer your life as worship, not just sacrifices.

Habit Formation

- Pay attention to the prayers at Mass
- Make a sincere confession, not just a list of sins

- Pray before receiving Communion
- Celebrate Birthdays and important days of your life by attending Holy Qurbana or with special prayer.

Activity

Personal Commitment Card

Hand out small slips or let them write this in notebooks: “This week, I will worship God better during [choose one: Mass / Confession / Prayer] by...”

Bible Verse

Read and Learn

Romans 12:1

Conclusion

Today we discovered that worship is more than just singing songs or attending Mass. True worship comes from the heart. It includes our prayers, our actions, and especially the liturgy, where we join in the Church’s worship of God through the Mass and Sacraments.”

On the board or aloud, highlight:

- Worship isn’t just something we do on Sundays — it’s something we can live every day, whether we are studying or helping at home or praying.